

# Endoscopy Preparation

IMAD AHMAD, MD

PRIYA RANGASAMY, MD

MOUSTAFA YOUSSEF, MD

### Procedure Location:

\_\_\_ North Richland Hills  
Endoscopy Center I 7640  
NE Loop 820 North Richland  
Hills, TX 76180 | 469-713-  
3740

\_\_\_ Texas Health Harris  
Methodist I 1301  
Pennsylvania Avenue Fort  
Worth, TX 76104 | 817-250-  
2000

\_\_\_ Medical City Fort Worth I  
900 8<sup>th</sup> Avenue Fort Worth,  
TX 76104 | 817-336-2100

\_\_\_ Methodist Mansfield  
Medical Center I 2700 E.  
Broad St. Mansfield, TX  
76063 | 682-242-2000

\_\_\_ Texas Health Azle I 108  
Denver Trail Azle, TX 76020  
I 817-444-8600

### Procedure Preparation:

- Hold all anticoagulants or blood thinners, such as, Coumadin, Warfarin, Plavix, Eliquis, and Lovenox, for \_\_\_ days prior to the exam once approved by your cardiologist.

### Day Before Procedure:

- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.

### Day of Procedure:

- Do not eat or drink anything after midnight. You may have clear liquids until 7 am if your procedure is scheduled after 1:30 pm.
- If possible, hold all medication unless otherwise directed. High blood pressure medication may be taken with a SIP OF WATER.
- Diabetic patients should not take diabetic medication the morning of the procedure. You can resume your normal dosing after the procedure once you have eaten.
- Plan on being at the facility for 2-3 hours.
- Someone must drive you home. No public transportation allowed without a chaperone. You will be sedated for your procedure and will be very drowsy for several hours. You may not drive or work for 12 hours after the procedure.

PROCEDURE DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_ AM/PM